



EABCT 2022

EUROPEAN ASSOCIATION FOR BEHAVIOURAL
AND COGNITIVE THERAPIES

Re-Thinking CBT: *providing strategies for a new way of living*

September 7-10, 2022

Universitat Pompeu Fabra
Campus Ciutadella.

Barcelona, Spain

CALL FOR PAPERS

COVID-19 has had a major impact on our professional and personal lives over the last two years. As a result EABCT's 2020 Congress in Athens becoming a virtual event and the 2021 Congress in Belfast was delivered as our first hybrid congress with delegates attending in person and online.

We have all had to reconsider how we deliver therapy, train practitioners and run our congresses. We know that Covid19 will continue to have repercussions on the psychological, physical health and well-being of many people well into 2022. We also know that CBT has played an important role in helping people cope with these difficult years and we can be proud of what cognitive and behavioural therapies have already achieved.

The EABCT Congress is returning to Barcelona for the first time since the successful World Congress in 2007 and the theme of the 2022 EABCT congress programme will be "Rethinking CBT".

We are planning to run a **3-day Congress in Barcelona next September** and welcome EABCT members and non-members to participate in person. We look forward to being able to share knowledge and experiences and once again build the close relationships across Europe and beyond that our congresses have always achieved. In addition, we will be making part of the programme available to delegates online to increase access to the Congress for delegates who may be unable to attend in person.

Given the experience of the last two years we want to have a focus on how we continue to adapt to the new ways that we have had to live and practice our therapies. We will also welcome submissions relevant to all our congress streams and look forward to seeing you in 2022.

Congress Streams

Adult Mental Health 1:

Trauma, Anxiety, Depression, OCD, BDD and Habit Disorders

Adult Mental Health 2:

Psychosis, Eating Disorders, Addictions, and Personality Disorders

Children and Adolescents

(including neurodevelopmental disorders)

Behavioural Medicine

Marital and Family & Sexual Issues

Basic Processes and Experimental Psychopathology

Professional Issues, Training and Supervision

Diversity, Cross-cultural issues and Emerging Societies

Old-age mental health

Digital health

Public health

(including COVID-19 topics)

The key submission dates and deadline:

15th November 2021

Call for Papers Opens

Symposia, full day and half-day
in-Congress workshops, panel debates,
clinical roundtables, open papers
and poster presentations.

4th April 2022

Main Call for Papers Closes

for symposia, full day and half day
In-Congress workshops, panel
debates, clinical roundtables

25th April 2022

Call for Open Papers and Posters Closes